

STREET ASSASSIN **ROOKIE PHENOM IGNITES RAINMEN'S** OFFENCE (page 21)

CROSS BURNER'S FATE REMAINS UNKNOWN SENTENCING DELAYED TILL NEW YEAR (page 3)



GOLDEN SWAN

PORTMAN AMONG GLOBE NOMINEES SCENE (page 12)

HALIFAX

Wednesday, December 15, 2010 www.metronews.ca



News worth sharing



Storm winds nearly kill car owner

Tingley was in his car, having a cigarette, when the tree fell onto the roof. Fortunately, he managed to avoid serious injuries. Story, page 4.

Berlusconi wins twin votes

Meanwhile, violent protests erupt on Rome's streets {page 7}

Christmastime in the U.S.A.

Five destinations to brighten your holiday spirit {page 16}

All welcome at vigil for sex workers

• At least 17 sex workers murdered or declared missing in N.S. since 1985: Stepping Stone ◆ Halifax Regional Police Chief Frank Beazley among those who will attend First international vigil held in Washington in 2003



A vigil in Halifax to commemorate lost sextrade workers that is usually privately held is going public this year in light of escalating violence against women in the trade, said its organizer.

Family, friends and advocates will gather in Grand Parade Square on Friday evening to mark the International Day to End Violence Against Sex Workers.

The public vigil, which will take place at 6 p.m., is the first of its kind in Nova Scotia, said Rene Ross, director of Stepping Stone, a Halifax organization that assists sex trade workers, adding that it will help shed light on a dark situation.

"We wanted to come together and send a message to the community that sex-trade workers are people too and they're our mothers, daughters and friends," she said yesterday. "As violence continues to escalate, and the stigma remains, we want to come out ... and show everybody that sex workers are people who are deserving of

Gone forever



A recent example of sex trade violence is the murder of Halifax sex worker Nadine Taylor, pictured.

The 29-year-old was reported missing July 31, and in September police announced they were treating the case as a homicide, though her body was never found.

Stepping Stone asks that attendees bring a red umbrella, which has been a symbol for sex workers' resistance since its first appearance in Venice, Italy, in 2000.

Ross said the red umbrella signifies "resistance to discrimination and the resilience of sex workers and their advocates."



PRIX TOOL SOO? Offers like this make other offers jealous.

Get a FREE Xbox 360°* with the purchase of a Windows® Phone 7, only at TELUS. Limited time offer from December 15 to 19.



FREE Xbox 360°*



\$99.99 | \$499.99 **SAVE \$400**



HTC 7 Surround™ \$99.99 | \$449.99

3 year term No term **SAVE \$350**

> **TELUS** the future is friendly.

telusmobility.com/xbox



Amherst

Antigonish

2834 Hwy. 104

Bedford

Bedford Place Mall

Bridgewater Bridgewater Mall

Dartmouth

Dartmouth Crossing

Mic Mac Mall Burnside, 202 Brownlow Ave.

Digby

305 Conway Pl

Halifax

Bayers Lake Power Centre Halifax Shopping Centre

Park Lane Mall

6100 Young St. 1668 Barrington St.

Village Centre, 936 Bedford Hwy.

New Glasgow

263 Jury St.

New Minas County Fair Mall

Port Hawkesbury

Port Hawkesbury Shopping Centre

799 Sackville Dr.

Sydney Mayflower Mall

337 Welton St.

Truro Mall

Windsor

Fort Edward Mall

Yarmouth

NEWFOUNDLAND LABRADOR

Trinity Conception Square

Clarenville

Random Square Mall

Corner Brook

Valley Mall

Gander Gander Mall

Grand Falls-Windsor

Exploits Valley Mall

Peninsula Mall

St. John's/Mount Pearl

Avalon Mall

The Village Shopping Centre

336 Freshwater Rd.

55 Kelsey Dr. 35 Stavanger Dr.

NEW BRUNSWICK

Bathurst

Place Bathurst Mall

Campbellton Sugarloaf Mall

Edmundston Place L'Assomption

Fredericton

Regent Mall

1211 Prospect St. Grand Falls

Grand Falls Shopping Centre Miramichi

Bridgeview Plaza

Moncton

Wheeler Park Power Centre Champlain Place

Lounsbury Plaza

Saint John

McAllister Place Shippagan

242 Boul, J.D. Gauthier

Tracadie-Sheila

PRINCE EDWARD ISLAND

Charlottetown

Charlottetown Mall

393 University Ave

Summerside

Cross burner's sentence delayed

Sentencing of Justin Rehberg postponed until January • Words had between victim and supporters Rehberg could face up to 10 years





sentencing of an Avondale man convicted of hate crimes has been postponed until the new year.

Justin Rehberg, 20, will now be sentenced at Hants County provincial court in Windsor on Jan. 11 for his part in burning a cross on the lawn of an interracial couple last Feb-

Both he and his 21-yearold brother Nathan have been found guilty of inciting hatred in the incident. They are also both guilty of criminal harassment.

Nathan Rehberg will be sentenced on Jan. 10, the day before Justin is to receive his sentence.

Shane Howe, who is black, and Michelle Lyon, who is white, awoke in the morning last Feb. 21 to a 2.5-metre cross, complete with a noose, burning on their lawn.

Howe said when he exited the house to investigate, somebody shouted Die, n---r, die."

The Rehbergs are distant cousins to Lyon.

Justin Rehberg has testified the cross burning was an attempt at vengeance, alleging the couple spread rumours about himself and his brother

Words exchanged



Words were exchanged between two of Justin Rehberg's supporters and

Shayne Howe, pictured, outside the courthouse yesterday.

- The exchange began when Howe walked by the group and appeared to bump into 18-year old Tyler Benjamin with his shoulder.
- Benjamin later said he was shoved, and it was unprovoked. "I was standing on the sidewalk and there was enough room that he could have walked by without any contact."
- But Howe claims the harassment he receives is nothing new. "It happens pretty much every time I

Staff gets direction on paring budget

Municipal staff received direction on how to trim \$13.9 million from the budget yesterday. Council spent most of the second day of budget briefings in private.

When they emerged after three hours, they directed staff to provide options on increasing the property tax rate, cut services by at least \$3 million and look at different ways to save money in service delivery.

"What we're looking for is a zero rate increase and that's the nuts and bolts. The other options we put in there are just to allow for some flexibility," Coun. Steve Adams said after the meeting.

He said council is looking to see how they can balance the books without raising property

"But increasing it would be CPI (Consumer Price Index)," he said.

On Monday, Coun. Jackie Barkhouse suggested staff may be too management heavy and Mayor Peter Kelly said those concerns could be raised

in a private meeting. Yesterday, Adams' motion suggested they look at options in staffing.

"Alternate service delivery, which would include, but not be limited to, contracting out," Adams said.

"There's no specific department, it's just looking at options.

Staff will return with a report outlining these options in January. **●** IENNIFER TAPLIN

alone with parking ban

The Halifax Regional Municipality isn't alone in seeing its overnight winter parking ban return for

another year. The Cape Breton Regional Municipality also started its ban last night, with drivers not allowed to park vehicles on the streets between 1 and

In HRM, people parking on the street overnight face a \$50 ticket, and a fine of \$82.96 if not paid within 60 days.





On the web at metronews.ca



Penny for your thoughts? Politicians share their opinion of the lowly coin and what they do with their stockpiles. Video at metronews.ca



FOLKLORE CENTRE

1528 Brunswick St. 422-6350 Located just off Spring Garden Rd.

HOLIDAY SALE!

Guitars, banjos,



In the CBRM, violating the ban could result in a \$15 ticket. It jumps to \$45 if not paid within 60 days. ndolins, ukes, etc

The Price Is Right for Crosby



Sidney Crosby, come on down!

The Cole Harbour hockey phenom and fellow NHL star Alex Ovechkin are slated to appear on The Price Is Right next

Crosby and Ovechkin will be joined by former NHLer Jeremy Roenick on Monday's episode of the CBS game show.
The trio will introduce

an NHL-themed showcase that includes a trip to Pittsburgh for the Winter Classic.

Crosby, Ovechkin and Roenick will join host Drew Carey in unveiling a showcase that features tickets to watch the outdoor game, VIP passes to the NHL's New Year's Eve bash and ice-level access during the practices at Pittsburgh's Heinz Field on Dec. 31. The prize also includes

a 2011 Honda CR-Z hybrid

THE CANADIAN PRESS

Man lucky to be alive after tree falls on car

▶ High winds, rain batter Maritime provinces ▶ Storm left 80,000 Nova Scotia Power customers in the dark ▶ Wind gusts reached 140 km/h





Sheldon Tingley said he's lucky to be alive after a falling tree crushed his car — while he was in the driver's seat — early yesterday.

Tingley went out to his car for a cigarette just after midnight, while the Windsor area was being battered

by 100 km/h winds. Before he lit the smoke, an uprooted tree crashed into the top of his Chrysler.

"I was just there, I had my radio on a little bit, I was just about to have a cigarette, and then I just couldn't move," said the 23year old next to his heavily damaged vehicle.

"Two guys came over and pulled me out," he said, adding he got out with just a scrape.

Tingley's story was one of the more dramatic yesterday, as powerful winds battered the Maritimes, downing trees and power lines

Across town in Windsor, 13 residents were evacuated from the Kingsway Gardens, a retirement residence, after a partial roof collapse.

Environment Canada issued wind warnings across the region yesterday, with gusts in the range of 100 km/h or more in many places and up to 140 km/h in western Cape Breton.

The entire Maritimes was also hit with heavy rains.

WITH FILES FROM THE CANADIAN PRESS

Struck pedestrian recovers

An eight-year-old boy "is doing fine" after he was struck by a car in Lower Sackville on Monday.

Halifax RCMP spokesman Scott MacRae said the boy was crossing at the intersection of Glendale Drive and Beaver Bank Road at 2:45 p.m. when a turning car struck him.

The boy was taken to the IWK Health Centre with possible head injuries.

MacRae said yesterday morning the boy is back at home.

No charges or tickets were issued yet, but fines for failing to yield to a pedestrian range \$685 to almost \$2,500.

METRO

Sex crimes trial to be determined



A decision in the second sex crimes trial of former Nova Scotia businessman Ernest Fenwick MacIntosh is expected next month.

In closing arguments yesterday, Crown lawyer Diane McGrath told provincial Supreme Court that MacIntosh preyed on the weakness and insecuri-

ty of children in alleged offences that date back to the 1970s.

But defence lawyer David Bright urged the judge to accept MacIntosh's testimony that relations with two complainants were consensual and that there was no relation with the third complainant.

MacIntosh faces a total of 10 counts of indecent assault and gross indecency.

He was convicted in July in a separate case of 13 counts of indecent assault and gross indecency and sentenced to four years.

He has appealed that conviction. • METRO

Charges in Hells Angel murder

Another Nova Scotia man has been charged in the death of a former biker gang member who disappeared in 1999.

Police say Dean Whynott of Truro is charged with be-

ing an accessory after the fact of murder in the death of former Hells Angel Randy Mersereau.

The RCMP says the 44-year-old Whynott was arrested at his home on Monday.

He is the fourth person charged with accessory after the fact of murder in Mersereau's death, but no one has been charged with the man's murder.

THE CANADIAN PRESS













FOR UP TO

EVERYBODY WINS \$500 <u>up to</u> \$10.000

NOW GET \$500 IN LOAN UP TO SAVINGS

AND **DON'T PAY UNTIL SPRING***











WE'VE GOT YOU COVERED

"5-YEAR/100,000 KM WORRY-FREE COMPREHENSIVE WARRANTY
"5-YEAR/100,000 KM POWERTRAIN WARRANTY
"5-YEAR/100,000 KM EXTRA CARE ROADSIDE ASSISTANCE
"NO DEDUCTIBLE CHARGE

Visit kia.ca to find your nearest dealer. We can all drive change.

KIA MEMBER REWARDS

Earn points towards future discounts. It's FREE and it's incredibly rewarding.





""S purchase financing available on select 2000 and 2011 Kia models for up to 84 months on approved credit (OAC), OS purchase financing available on all 2000 and 2011 Kia models on approved credit (OAC). No interest will across during the first 90 days of the finance control. After this period interest south is purple, and of the purchase related to the specific order. Will person principal and interest monthly over the term of the control.** Will up to \$5,000 broaded you purchase or less seed any new 2010/2017 Kia models. No purchase releases, Contest open to Grandian resistents with a valid diver's license who have enabled the ages of majority in their province of residence, Contest does a launary 3rd, 2011. Legal proficience and can only be gained the the purchase or less on en 2000 and 2011 Kia models of valor purchase or vice and annothing only and card mark of an annothing of models and card only be gained the purchase or less on en 2000 and 2011 Kia models of valor advantaged and on only be gained the purphase of valor and only the gained the purphase of valor and on only be gained the purphase of valor of valor and on only be gained to the purchase or less on en 2000 and 2011 Kia models of valor and on only be gained to enter which a control and on a co

← 6-WAY DRIVER'S SEAT





06



Will new Bedford high school have enough capacity?

Innovation Drive will be the location of the school for Bedford and Hammonds Plains Name of the school has vet to be determined Charles P. Allen to become Bedford's junior high school



The province announced the location of a new high school in Bedford yesterday, but some are concerned the current design does not accommodate for the area's growth trends.

"If we open it ... at the status quo right now, which is 1,200 (students), that doesn't give us any flexibility," said Elaine Loney, chair of the Charles P. Allen High School advisory council.

Loney added if past trends continue, more than 1,400 students could be walking through the doors on opening day, which is expected to be in

"Innovation Drive is in the heart of the community and will be an excellent place to build the new high school for Bedford and Hammonds Plains residents." MAT WHYNOTT, MLA HAMMONDS PLAINS AND UPPER SACKVILLE

September 2013.

Loney, a Bedford resident of 13 years, has been with the project since her son, Stephen, entered Bedford Junior High School more than five years ago.

She said the high school will accommodate for the cutting-edge International Baccalaureate, Options and Opportunities and fine-arts programs that Charles P. Allen currently

The province is spending \$37 million on the project. Municipal enhancements, which have yet to be determined, could bulk up the current 126,000-square-foot de-sign, said Darrell MacDonald, director of facilities management for the Department of Education.

Despite concerns about the number of students it could support, Loney said the new high school will be the heart of Bedford and Hammonds Plains.

"I'm thrilled we're finally seeing this come to life,"

Natives challenging census reform have no case: Lawyer

A coalition of Maritime natives has failed to prove off-reserve Indians will be hurt by Ottawa's decision to scrap the mandatory long-form census, a lawyer representing the federal government told Federal Court in Halifax yesterday. Kathleen McManus was

responding to the group's argument that the federal cabinet's decision to replace the mandatory form with a voluntary survey in 2011 violates the constitutional rights of aboriginals and equality provisions of the Charter of Rights and Freedoms.

The group argues the voluntary nature of the 2011 national household survey - and some of its confusing questions about native identity — will produce skewed data about off-reserve populations, leaving them at a disadvantage when compared

with non-natives.

The group's lawyer,
Anne Smith, told the court that about 98 per cent of the long forms were filled

Demands

- The aboriginal groups are asking the court to reinstate the long-form census or insert questions about aboriginal ancestry into the existing mandatory short-form census, which is sent to all households.
- As well, they want the court to issue an injunction stopping the new survey.
- The groups, which represent status and non-status Indians, include the Native Council of Nova Scotia and the Maritime Aboriginal Peoples Council.

out and returned in 2006, but only about 40 to 50 per cent of voluntary surveys are ever returned.

As a result, the 2011 voluntary survey will likely produce unreliable data from a smaller sample size, making it difficult for the government to discharge its constitutional duties to Aboriginal Peoples, Smith said.

Hundreds of other organizations have argued the voluntary survey is inadequate because it has no legal teeth behind it.

But McManus rejected those claims yesterday, telling the court that the group's request for a judicial review of the cabinet order should be dismissed because it is too soon to determine the impact of the new survey.

"Intervention at this time is premature," she told the court. "This is anticipating that the national household survey will not be sufficient ... and programs will suffer. The evidence does not say what is going to happen with any certainty."

McManus said the native group's lawyers failed to show how the Constitution confers any specific legal rights that may have been violated.

'There is no standalone constitutional duty to collect data," she said. THE CANADIAN PRESS

Pedestrians struck by vehicles

Two pedestrians were struck by cars yesterday.

At around 8 a.m., a 44vear-old male was hit by a car while he was crossing the street at Dunbrack Street and Main Avenue. A 72-year-old woman was issued a ticket for failing to yield to a pedestrian.

Then in the afternoon, a 72-year-old woman was hit by a car at King and Ochterloney streets in Dartmouth. A 44-year-old woman also received a ticket for failing to yield.

Both victims suffered non-life-threatening

Games oval opening delayed

Haligonians looking to carve their skates into the ice of the Canada Games oval on the Halifax Common will have to wait a little longer.

The grand opening set for today at 5 p.m. has been postponed due to poor ice surface conditions, a release from HRM said yesterday.

The poor ice conditions are due to a combination of unseasonably high temperatures and rainfall amounts, the release said.

A decision on a new grand opening date hasn't been made.

METRO

Replica gun seized

Halifax Regional Police say they arrested a man with a replica gun in Dartmouth yesterday

Shortly before 3 p.m., police responded to Catherine Street after receiving a complaint about a man who was believed to be in possession of a handgun and was threatening to harm himself. Police located the man a few minutes later, seized a gun and arrested him.

He was transported to hospital for assessment under the Involuntary Psychiatric Treatment Act. No charges have been laid

METRO



RIVIERA MAYA MEXICO

Allegro Playacar All Inclusive – 7 nights Fri, Mar 11, 18, 25 Add taxes & fees \$277 **VARADERO**

Sirenis La Salina Varadero Beach Resort Cameleon Gold *** All Inclusive – 7 nights Fri, Mar 18, 25 Add taxes & fees \$210

PUNTA CANA DOMINICAN REPUBLIC Catalonia Bavaro Beach, Golf

& Casino Resort ****/ All Inclusive – 7 nights Sat, Mar 19, 26 Add taxes & fees \$326















Flights from Halifax via Air Transat or Canjet. Prices shown are per person, based on double occupancy in lead room category. Taxes & fees extra and noted above. Space and price subject to availability at time of booking and subject to change without notice. For complete details refer to the Nollitours 2010-2011 Sun tronchure. Nollitours is a division of Transat Tours Canada inc., and is registered as a travel whotesaler in Ontario (Reja & Southesselb) with the Southesselb (Southesselb) and the Southesselb) and the Southesselb (Southesselb) and



Violence greets Berlusconi's victory

Down-to-the-wire confidence votes capped hours of tension inside and outside parliament

Prime Minister Silvio Berlusconi won back-to-back confidence votes yesterday in the Italian parliament, narrowly surviving one of the toughest fights of his political life. But violent protests greeted his victory, as rioters torched cars, smashed windows and clashed with police.

Riot police fired tear gas to try to disperse the crowds in Rome after earlier trying to cordon off the area around parliament. Clouds of tear gas and orange flares engulfed some streets. Shops full of Christmas goods hurriedly closed down, and employees at one bank cowered in fear as waves of stone-throwing youths swept by.

Tensions inside parliament's lower house had boiled over earlier in the day, as lawmakers pushed and shoved each other, forcing a brief suspension in the voting.

Ultimately, Berlusconi survived the Chamber of Deputies' no-confidence motion by just three votes after a more comfortable victory in the Senate earlier in the day. The outcome of the highly uncertain votes

attested to Berlusconi's uncanny ability to survive, even when nearly all indications pointed to a government collapse. Yet it also indicated he will have a difficult time governing, given the narrow margin.

Berlusconi had been weakened after a year dominated by sex scandals, corruption charges against some of his aides and a breakup with a close political ally.

But the 74-year-old battled back, swaying a few crucial lawmakers to vote in his favour.

THE ASSOCIATED PRESS

SOLAR SYSTEM

Volcanoes of ice on Titan, say scientists

Scientists said yesterday they have found the best evidence yet of ice volcanoes on Saturn's giant moon Titan.

Unlike volcanoes on Earth, such a volcano on Titan may spew ice and hydrocarbons instead of molten lava.

"We finally have some

proof that Titan is an active world," said geophysicist Randolph Kirk of the U.S. Geological Survey, who presented the findings. The latest evidence

The latest evidence comes from the international Cassini spacecraft, which spied two peaks over 3,000 feet tall and what looked like old volcanic flows. Researchers said the landforms resembled Mount Etna in Italy or Laki volcano in Iceland.

There's no sign of volcanic activity on Titan, though scientists are keeping watch.

THE ASSOCIATED PRESS

Immigrant docs faked, consultant charged

A B.C. immigration consultant has been charged under the Immigration and Refugee Protection Act.

Canada Border Services
Agency says Gongyou (Jason) Mo has been charged
with seven offences dealing
with counselling misrepresentation. Mo also faces a
single count of forgery for
allegedly making false documents. THE CANADIAN PRESS



300 stranded in SW Ontario snow storm

Military helicopters used in rescue effort 237 people airlifted off highway

A family en route to a beach vacation, truckers hauling loads, commuters and even a British hip-hop star unwittingly joined a 300-strong fraternity of snowbound motorists trapped in vehicles overnight as a fierce storm walloped southwestern Ontario.

With everyone believed to have been rescued from snow-swept Highway 402 by late yesterday afternoon, all that was left was a final sweep to make sure no one was missed—and a massive cleanup.

Some 300 people were thought to be stranded when drifting snow and zero visibility forced police to close a 30-kilometre stretch of the highway east of Sarnia on Monday.

Motorists had no option but to hunker down in their vehicles and wait for help.

That aid came with the daylight, as military helicopters and buses were employed to take 237 people to safety.

THE CANADIAN PRESS

300 Drifting snow and zero visibility trapped about 300 people in their vehicles on Highway 402, about 30 kilometres east of Sarnia.





Ontario agencies to be cut by 5%: Minister

Ontario's Liberal government plans to get rid of at least 12 of its 259 agencies and eliminate perks like golf club and gym memberships for public servants, Finance Minister Dwight Duncan said yesterday.

The number of government agencies will be reduced by five per cent as part of the government's cost-cutting plans to trim the near \$19-billion deficit, Duncan announced in a speech to the Canadian Club.

"In these difficult times, we need to look under every stone to cut back on agencies with overlapping functions or agencies whose function could either cease to exist or simply be performed more efficiently by other means," he said.

The government has already identified more than a dozen Children's Aid Societies that will be consolidated into half that number, and other CAS agencies have asked to be added to the list, said Duncan.

However, the Opposi-

tion said there are much bigger agencies that should be eliminated, such as the Ontario Power Authority and Local Health Integration Net-

"Honest to God, you could take any three letters of the alphabet, put them in any order and you'll get some Ontario government agency, board or commission that you've never heard of but you're paying tens of millions of dollars a year to sustain," said Progressive Conservative Leader Tim Hudak.

"We need to do a sunset review on all agencies, boards, commissions and government programs to justify their ongoing value and if they can't, you close them down."

Duncan also announced a ban on golf club and gym memberships, season tickets to sporting events, and lump sum payments for travel without receipts, throughout the broader public service.

THE CANADIAN PRESS



\$19B deficit

As yet, there has been no word on how much trimming these agencies will save the cash-strapped government

- Freeze A two-year wage freeze on the public sector has also been imposed.
- Savings The province is also cancelling two different awards programs set up in Dalton McGuinty's name with a saving of about \$2.5 million a year.

Forestry sector to profit this year: Report

▶ Industry hit hard in the recession ▶ Canadian wood products exports expected to have grown by 2.4% in 2010

The forestry industry will return to profitability this year due to a mini-boom in the Canadian housing market, a slight improvement in U.S. demand, and growing exports to China, a report by the Conference Board of Canada says.

"After three years of losses, a surge in prices and de-

mand lined up favourably early this year for the industry," said Jacqueline Palladini, an economist at the Conference Board.

Canadian production likely grew by 10.6 per cent in 2010, according to the Conference Board's latest review of the industry.

Revenues are increasing

this year for the first time since 2004. Despite rising costs, the industry is expected to post a profit of \$476 million in 2010.

The forestry sector was particularly hard hit during the recent recession due to slower demand for lumber for construction that compounded problems caused

by a decline in demand for paper and newsprint.

"Between 2000 and 2010, Canadian exports to China have increased by 3,300 per cent. In fact, Canada surpassed Russia this year as the biggest exporter of softwood lumber to China," the board said.

Housing is key

The Conference Board predicts the industry's rebound will continue in 2011, but the pace of growth will slow.

 A slowdown in the Canadian housing market next year will reduce the number of new homes being built.

Uncertainty in the U.S. housing market also remains a key concern.

The U.S. housing market improved in 2010, but demand was in flux due to a weak economic recovery.

TSX Oil Dollar 1,000 cu ft 1,0



Hard times for Yahoo

Yahoo has announced it is laying off between 600 and 700 workers in the latest shakeup triggered by the Internet company's lacklustre growth. The planned cutbacks represent about five per cent of Yahoo's work force of 14.100 employees.

FedEx gearing up

When that iPad, Xbox Kinect or cashmere sweater makes it under the tree by Christmas, you can thank Ann Baxter and a legion of workers just like her.

Baxter is among those hustling this week inside the cavernous FedEx hub in Anchorage, one of the shipping company's busiest sorting centres. The same scene is playing out company-wide, in fact, and FedEx said Monday was expected to be the busiest day in its history, with nearly 16 million packages moving on its

14.2M Monday's predicted company-wide record is up 13 per cent from 14.2 million on the busiest day last year, and double what is handled on a normal day.

conveyor belts, trucks and planes.

About half of the increase is from the company's SmartPost partnership with the LLS Postal Service

with the U.S. Postal Service.
"This is kind of our Super Bowl," said Connie
Carter, managing director
for FedEx's Alaska operations. "We get ready for this
day and the next two weeks
all year long."

THE ASSOCIATED PRESS

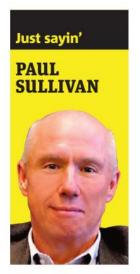


twitter.com/thehudsonsbavco



Shop early. Don't be disappointed. No rain checks and no price adjustments. Offers available while quantities last. Selection will vary by store. Cannot be combined with any other offers. Savings are off our regular prices, unless otherwise specified. See in-store for details.

TIRED OF THE ENTIRE GIVING PROCESS



At the risk of sounding like Scrooge, I have a theory why charitable donations are down.

here's a new U.S. study showing that charitable donations fell 3.2 per cent in 2009, and wealthy households dried up the most: A whopping 34.9 per cent. You can hear those change purses snapping all the way across the border.

My theory is we're exhausted

My theory is we're exhausted by the charitable donation industry, and the more money we have, the more exhausted we are.

are.
Wherever we go, whatever we do, there's a hand sticking out in front of our faces.

Seasonal charities: Every carol

concert requires you to bring a non-perishable food item.

Charitable panhandlers: Those young men and women with clipboards stationed on every street corner on Earth,

cheerfully ambushing you for Greenpeace, the Red Cross, Amnesty International, the World Wildlife Fund, etc.

Call centre charity: You want how much for what?

Rock star charity: Endorsed by Bono.

If you manage to avoid all those opportunities, you turn up at the checkout stand and the clerk asks if you want to add a few bucks for the World Yak Relief Project (WYRP). Hey, I'm in favour of yaks. Just not here. Just

not now.

"OK, I admit

I'm feeling

guilty and

sheepish

and vile ..."

So it's no surprise that in the above-mentioned report, the main reason for the decline is that charities are asking too often and for too much money.

One altruistic impulse can wed you to a charity for life. Actually, it's easier to get a real divorce than it is to part ways with the WYRP.

If you give to yak relief, it's not

long before all the other endangered or even just annoyed animals are calling, spamming, junk-mailing and stalking you for a donation. Tigers 2.0 lurk in the shadows of your in-basket or leap out of your mailbox, and they're just as eager to take a bite out of your hide.

OK, I admit I'm feeling guilty and sheepish and vile, but charities need to understand the accumulated impact of their frenetic campaigning is donor fatigue. If the frequency goes up, the amount goes down, according to Einstein.

We can't go back to the beginning and start all over again, but this year, I'm thinking of suspending all other donations, finding one little kid who seems particularly needy, and handing him (or her) a pile of cash.

And if it all gets spent on bubble gum and comic books, at least the kid will be happy while it lasts. Can't say the same thing about the yaks.



Read more of Paul Sullivan's columns at metronews.ca/justsaying

WE'RE STRANDED AND UNPREPARED FOR THE HARSH

CLIMATE.





Oh, Come, All Ye Faithful

Worth mentioning

Bethlehem has seen a record number of tourists this year and its thousands of hotel rooms are fully booked for Christmas week, thanks to steadily declining violence in the West Bank over the past few years.

It's a welcome bit of good news in a period that is otherwise gloomy, with a U.S.-led Israeli-Palestinian peace effort appearing to have run aground.

So far this year, 1.4 million tourists have visited the traditional birthplace of Jesus and 90,000 are expected during the Christmas season, a significant increase over last year, according to Israeli government figures.



The town's 2,750 hotel rooms are booked solid for Christmas week and four more hotels are under construction. The expected turnout for Christmas week is up strongly from about 70,000 last year.

The Bethlehem they find may be different from what many expect: For one thing, Christians have lost their majority: More than two-thirds of the 50,000 Palestinian residents are Muslim.

Still, the town does its best to take advantage of its place in Christian history, going so far as to link the Christmas nativity story to the fact that it houses the West Bank's best maternity facility.

THE ASSOCIATED PRESS

What's your favourite Christmas carol? Email halifaxletters @metronews.ca Twitter @metrohalifax

Metro has the right to edit letters and submissions.

metr@

METRO HALIFAX • 3260 Barrington St., Unit 102, Halifax NS, B3K 0B5 • T: 902-444-4444 • Fax: 902-422-5610

Advertising: 902-421-5824 • halifax_advertising@metronews.ca • halifax_distribution@metronews.ca

Publisher Greg Lutes, Managing Editor Philip Croucher, Sales Manager Dianne Curran, Distribution Manager April Doucette

METRO CANADA: Group Publisher Bill McDonald, Editor-in-Chief Charlotte Empey, National Deputy Editor Fernando Carneiro, Associate Managing Editor Tarin Elbert, Scene/Life Editor Dean Lisk, Asst Managing Editor Amber Shortt, Art Director Laila Hakim, Nat'l Sales Director Peter Bartrem, Interactive/Marketing Director Jodi Brown

Metro Minute with Abba Mania

Break out your platform shoes and get ready to dance the night away to some of your favourite disco tunes this Friday and Saturday at Casino Nova Scotia's Schooner Showroom.

Abba Mania and Night Fever will be paying tribute to Abba and the Bee Gees at this concert, where you might hear such classic songs as Mamma Mia, Dancing Queen, Saturday Night Fever and Staying Alive.

Tickets are \$25 each, including tax and service charges and are available through Ticket Atlantic. Both concerts begin at 8 p.m.

Concert-goers must be 19 years of age or older.

@ METRO





"MY NEW YEAR'S RESOLUTION IS TO ALWAYS BE THERE FOR THE GUYS."

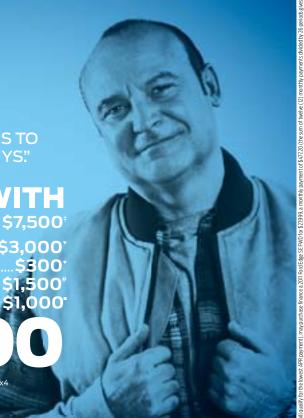
START 2011 NOW WITH

Manufacturer Rebate..... Ford Recycle Your Ride Incentive Retire Your Ride Incentive

.\$300° 31,500° Ford Credit Cash (when financing)

Costco Incentive

TOTAL ELIGIBLE INCENTIVES



2010 **F-150** SUPERCAB 4X4 XLT

Purchase for

Includes \$7,500 manufacturer rebate

Recycle Your Ride Incentive....UP.TO**\$3,000*** Retire Your Ride Incentive. \$300 Ford Credit Cash (when financing). \$1,500° \$1,000

Eligible Consumers Pay



10.2L/100km hwy, 14.9L/100km city



2011 **EDGE** SE FWD 7.4L/100km hwy, 11.2L/100km city

20 @ 6.99<u>%</u>

2010 RANGER SUPERCAB SPORT 4X2 9.7L/100km hwy, 13.4L/100km city

\$6,000

PLUS



AUTOMOBILE JOURNALISTS ASSOCIATION OF CANADA BEST NEW SUV / CUV (\$35,000 - \$50,000)

FORD LETS YOU RECYCLE YOUR **2003 OR OLDER** VEHICLE ND GET **UP TO \$3,300** TOWARDS MOST NEW FORD VEHICLES.

This offer is in addition to incentives currently offered when combined with the \$300 available from the Retire Your Ride program, funded by the Government of Canada on qualifying vehicles of model-year 1995 or older. Incentives range from \$1,000 to \$3,000. Visit www.ford.ca for details.

In Partnership with Summerhill Cal Heavel Retire Your Ride





HURRY, IT'S 2011 TODAY. BUT IT WON'T BE FOR LONG. VISIT YOUR ATLANTIC FORD STORE TODAY.



Drive one.

atlanticford.ca



Scene in brief



The Social Network has racked up another slew of pre-Oscar awards, this time from the Toronto Film Critics Association, which has crowned it best picture of the year.

The Facebook saga scored five prizes from the critics group, including best director for David Fincher, best actor for Jesse Eisenberg, above, best supporting actor for Armie Hammer, and best screenplay for Aaron Sorkin

THE ASSOCIATED PRESS



• The King's Speech leads Golden Globe contenders with seven nominations, including best drama and three acting honours • Glee leads TV contenders with five nominations





Who's up for the 2010 Golden Globes

BEST PICTURE, DRAMA

- Black Swan
- The Fighter Inception
- The King's Speech • The Social Network

BEST PICTURE, MUSICAL/COMEDY

- · Alice in Wonderland
- Burlesque
- The Kids Are All Right
- · Red
- · The Tourist

BEST TV SERIES

- MUSICAL/COMEDY • 30 Rock
- The Big Bang Theory
- The Big C · Glee
- Modern Family · Nurse Jackie

BEST TV SERIES. DRAMA

- Boardwalk Empire
- Dexter
- The Good Wife
- Mad Men
- The Walking Dead

BEST ACTOR. TV MUSICAL/COMEDY

- · Alec Baldwin, 30 Rock
- Steve Carell, The Office
- Thomas Jane, Hung
- · Matthew Morrison, Glee
- . Jim Parsons, The Big
- Bang Theory

BEST ACTRESS, TV MUSICAL/COMEDY

- · Toni Collette,
- The United States of Tara
- · Edie Falco, Nurse Jackie
- Tina Fey, 30 Rock
- Laura Linney, The Big C
- · Lea Michele, Glee

BEST ACTOR. TV DRAMA

- Steve Buscemi. Boardwalk Empire
- · Bryan Cranston, Breaking Bad
- Michael C. Hall, Dexter
- Jon Hamm, Mad Men

BEST ACTRESS,

TV DRAMA

· Julianna Margulies,

The Good Wife

• Piper Perabo,

Katey Sagal,
 Sons of Anarchy

Kyra Sedgwick,

Covert Affairs

Mad Men

The Closer

· Elisabeth Moss,

· Hugh Laurie, House

BEST ACTOR, DRAMA

- · Jesse Eisenberg, The Social Network
- · Colin Firth,
- The King's Speech • James Franco, 127 Hours
- · Rvan Gosling.
- Blue Valentine
- · Mark Wahlberg, The Fighter

BEST ACTOR. MUSICAL/COMEDY

- Johnny Depp. Alice in Wonderland
- Johnny Depp,
- The Tourist
- · Paul Giamatti. Barney's Version
- Jaké Gyllenhaal,
- Love and Other Drugs
- Kevin Spacey, Casino Jack

BEST ACTRESS, DRAMA

- Halle Berry,
 Frankie and Alice
- Nicole Kidman,
- Rabbit Hole
- Jennifer Lawrence.
- Winter's Bone
- Natalie Portman.
- · Michelle Williams,
- Blue Valentine

BEST ACTRESS, MUSICAL/COMEDY

- Annette Bening, The Kids Are All Right
- Julianne Moore
- The Kids Are All Right
- · Anne Hathaway,
- Love and Other Drugs
- · Angelina Jolie. The Tourist
- Easy A

VISIT SANTA DAILY UNTIL DEC 23:

Monday to Saturday 10 am to 8 pm Sunday Noon to 5 pm

This year, photos with Santa are FREE! For your convenience, we'll email them to you directly.





Free Santa photos? Now that makes me jolly. metredish metronews.ca WEDNESDAY, DECEMBER 15, 2010

Scarlett, Ryan split: Reports

▶ Reynolds recently became the first Canadian to snag People magazine's 'sexiest man alive' title
▶ Johansson was named GQ's 2010 'babe of the year'



Reports say that Canadian leading man Ryan Reynolds and his bombshell wife, Scarlett Johansson, have separated.

The Hollywood power couple married in September 2008 in a private ceremony at a remote British Columbia resort.

The gossip website TMZ features a short entry stating the duo are living apart

and that "it's amicable."

Meanwhile, a source close to the couple tells Us Weekly that Johansson initiated the split about two weeks ago and that the couple have decided to end their marriage.

The 34-year-old hunk is poised to star in one of the most buzzed about films of 2011, The Green Lantern.

Miley's antics have Dr. Drew concerned

After a video showing Miley Cyrus smoking a bong hit the Internet, Dr. Drew Pinsky is worried about the Disney star, he tells

Access Hollywood.

"We know that she's going to be acting out now because her family's in trouble, so it's not unusual to see depression manifesting as various kinds of acting out behaviours," Pinsky says.

"If I had a child that was doing that or if I was advising a parent, I would say get professional help immediately."



Girls, start your engines: Zac's single

High School Musical costars Zac Efron and Vanessa Hudgens have called it quits after four years together, according to Gossip Cop.

The split was "amicable" and came about once the pair acknowledged their relationship "wasn't going to go further."

When asked by Details

earlier this year about being in a relationship, Efron said, "Believe me, I wrack my brain thinking, 'Why am I not out there playing the field?' One of my buddies was like, 'You have no idea what's going on right now. You're peaking on Ecstasy and you're watching TV.' But it's not in my heart." • METRO

Cage's rage recorded

Nicolas Cage flew off the handle while in Romania to film his latest Ghost Rider film, and his entire 5 a.m. tirade was taped, according to the Daily Mail.

according to the Daily Mail. While most of what Cage screams at an unidentified man is unintelligible, he's heard yelling, "You want to kick me in the head? Go for it," before storming off. • METRO

Pitt's kids rule the set

Keith Middlebrook, who co-stars with Brad Pitt in the upcoming Moneyball, says it was clear who was in charge of the set on their movie: Pitt's six kids, who often came to visit.

"There were toys and there were kids everywhere," Middlebrook tells Us Weekly. "We didn't really hang out because he had the kids." • METRO



mmea

\$1000 CHRISTMAS CASH BACK



Good Credit - Bad Credit Bankrupt - Collections - Divorce?

Over 100 Pre-owned

Vehicles, Vans, SUVs, Cars, Trucks, We have them all.

NO PROBLEM

2010 Suzuki SX4s remain from \$99.00 **Apply Doline**

0

\$0.00

ALL CREDIT APPLICATIONS WILL BE ACCEPTED

www.metrosuzuki.ca

for fast approvals



TO \$6,000°

Plus FREE Winter Tires



2010 GRAND VITARA JX 4WD

True 4x4 SUV

CLEARANCE CASH PRICE NA

STANDARD 4WD

**The Grand Vitara is priced to be competitive, it's comfortable, and it offers a high level of standard equipment and safety features.



2010 SX4 HATCHBACK FWD

- AMPINICOARD player

2010 SX4 SEDAN

CLEARANCE PRICE

PLUS GET

44 If you're looking for a real bang for your buck, the SX4 fits the bill.11



Huge Cash Savings Plus 0% Rate, That's Right, Plus 0%

METRO SUZUKI

WE SELL SATISFACTION! 1-877-743-2174

224 WYSE ROAD, DARTMOUTH BETWEEN THE BRIDGES





HOLIDAY SALES EV RECEIVE \$1000 PREPAID MASTERCARD FREE!

HURRY IN DURING OUR HOLIDAY SALES EVENT



AND RECEIVE UP TO

PREPAID MASTERCARD CARD WITH THE PURCHASE OF ANY NEW VEHICLE

SPECIAL OFFER FROM METRO MITSUBISHI - HOME OF THE 10 YEAR WARRANTY



2011 LANCER DE

FUEL EFFICIENT 2.0L 148 HP 4-CYLINDER ENGINE 5-SPEED SION OR CYT POWER WINDOWS POWS MURRORS 7 AIREAGS 140-WATT AM/FIM/CD STERED ACTIVE STABILITY & TRACTION CONTROL

2011 LANCER tons

\$1000 Mastercard and



ALL-NEW 2011 RVR GT

BLUETDOTH 2.0 + USB SYSTEM CLASS LEADING COMBINED IONTY PANORAMIC GLASS ROOF WITH INTERIOR LED ILLUMINATION SUPER WIDE BANGE HID HEAD! ANDES ELECTRONICALLY CONTROLLED 4WD HEATED FRONT SEATS.

\$1000 Mastercard



2011 OUTLANDER ES

FUEL EFFICIENT 41 MPG, 2.4 MIVEC 4CLY ENGINE FUNCTION 7 PASSENGER SEATING HEATED FRONT BEATS.

2011 OUTLANDER from

\$1000 Mastercard .me







230 WYSE ROAD, DARTMOUTH BETWEEN THE BRIDGES

METRO MITSUBISHI

Home of the 10 Year Warranty

*The advertised price does not include destination, delivery and fees. Taxes, PPSA, and other fees are also excluded. All rebates & programs applied to sale prices by dealer. Prices include customer loyalty, military and grad rebates if customer qualifies.

metr@travel

metronews.ca
WEDNESDAY, DECEMBER 15, 201



Christmastime in the United States

• Heading south for the holidays? If so, there are plenty of great places to visit to get you in the holiday spirit, from lighting festivals to Cinderella's Castle





The home in Hope where Bill Clinton spent the first four years of his life will officially be a national historic site as of Ian 2

Jan. 2.
Organizers
worked for years to
earn the status for
the Clinton First
Home Museum on
Hervey Street. More
than 80,000 visitors
from 159 countries
have toured the twostorey, wood-frame
home since it opened
as a museum in 1997.

The museum won approval last year to become part of the National Park Service.

THE ASSOCIATED PRESS





Walt Disney World Orlando, Florida

At Walt Disney World in Orlando, it's Christmas through Jan. 3. Cinderella's Castle is lit up with 200,000 white lights and Mickey's Very Merry Christmas Party, a ticketed event certain evenings through Dec. 19, features twice-nightly Christmas parades plus live shows, carollers and more. Other holiday happen-

Other notiday nappenings include a "Holidays Around the World" showcase at Epcot through Dec. 30, where storytellers share their heritage. Epcot also hosts a daily gospel performance through Dec. 26, and the Candlelight Processional featuring a choir, orchestra and a celebrity narrator retelling the Christmas story, through Dec. 30.



Mission Inn Hotel & Spa Riverside, California

The Mission Inn Hotel & Spa, at 3649 Mission Inn Ave., is hosting its annual festival of lights through Jan. 2.

Visitors will find a dazzling 3.5 million lights, a tree, carollers, and animatronic elves, angels and other characters in 17th-century costumes. The display is free and open to the public; the hotel also has holiday overnight packages starting at \$199.

The festival spills out into the city of Riverside with lights and decorations all over town as well as an outdoor skating rink in the main street pedestrian mall near the historic hotel.

For more details visit missioninn.com.



Universal Studios

Hollywood, California
At Universal Studios, cast
members from Glee and
other celebrities will read
Dr. Seuss' How the Grinch
Stole Christmas and take
part in nightly lightings
of a Grinchmas tree, beginning Dec. 11 and 12
and continuing daily Dec.
18 through lan. 2.

The celebration includes a field of snow where families can build snowmen, as well as visits to the set where the Grinch movie was filmed aboard Universal's Studio Tour, and photo ops with the Grinch and his dog, Max. Tickets, packages and hotel deals at universalstudioshollywood.com or universalorlando.com.



Biltmore House Asheville, North Carolina

Ashevite, North Carolina, the historic Biltmore House is celebrating Christmas through Jan. 2 with 150,000 lights, carollers, holiday cooking and decorating demonstrations, wine-tastings and a lit-up 17-metre Norway spruce on the front lawn.

Biltmore's original owner, George Vanderbilt, first opened the home to friends and family on Christmas Eve 1895 for what became an annual Christmas Party. Biltmore recalls the era with Candlelight Christmas Evenings featuring performances by ballroom dancers in vintage costumes and choirs. Details at biltmore.com.



Galt House Hotel Louisville, Kentucky

A brand-new attraction called KaLightoscope opened this season in Louisville, Ky., at the Galt House Hotel on 140 N. Fourth St.

The walk-through pavilion of lighted holiday sculptures is divided into 12 holiday-themed sections including "Toyland," the "Christmas Tree Maze," "The Lighted Forest," and "The Nativity" among others.

The attraction is open through Jan. 3; tickets are from \$14.95 to \$17.95. Details at KaLight oscope.com. Other holiday offerings at the hotel include a Christmas dinner show and events with Santa in a life-size gingerbread village.

THE ASSOCIATED PRESS



The Cosmopolitan's in-

sides are designed to make

people gawk. Video-screen columns cycling moving art greet visitors in the lob-

by. Across the resort,

guests can sip cocktails in-

side a three-storey chande-

lier. And its 13 restaurants

TRAVELCUTS

Grand Paradise Playa Dorada, Puerto Plata, Dominican Republic

Includes: return air, accommodation, buffet meals, 2 a la carte dinners,

\$729 7 nights
Departs Feb 21, 2011 from Halifax NOLITOURS

Book Your Reading Week Vacation And Get a FREE Rough Guide* Come in or call today. Dalhousie University SUB, Lower Level

COYOU WIN A PRIZE PACK FROM THE MOVIE THE FIGHTER!

THE PRIZE PACK CONTAINS: A FIGHTER GYM BAG • A FIGHTER HOODIE
 A FIGHTER WATER BOTTLE

 PRODUCT FROM EVERLAST
 A RUN OF ENGAGEMENT PASS FOR TWO TO SEE THE FILM IN THEATRES!



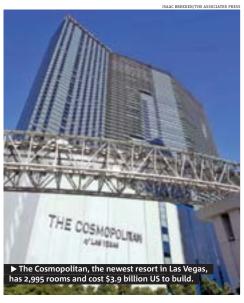
Vegas gets a new hot spot

The last major Las Vegas resort approved before the Great Recession will have to lure thousands of gamblers from established neighbours to survive after it opens today.
The \$3.9-billion US Cos-

mopolitan of Las Vegas, built by a German investment bank after its original developer defaulted, may have the hippest-ever TV commercials: Over a garage-rock soundtrack with a jazzy interlude, guests with crafty smiles stray across a landscape of shiny dance floors, soothing guest rooms and tables laden with food and drink.

But the 2,995-room Cosmopolitan is entering a market that's struggling. And analysts say that just to cover its debt, it will need to do better than even the top-performing Bellagio, its neighbour to the north with 3,933 rooms and the same amount of casino space as Cosmopolitan.

"If you take a look at everything that's opened in recent years, these properties have all struggled



out of the gate," said Bill Lerner, an analyst with Union Gaming Group. "I'm not sure why this will be different."

Tourism to Las Vegas has increased from the woeful days of 2008 and

2009. And Lerner says the Cosmopolitan will get significant help from being owned by Deutsche Bank, which gave the project far lower interest rates and better terms than usual for commercial loans.

including an unmarked pizza joint) will offer world-class cuisine to please any New York food-ie. But the Cosmopolitan's biggest trump on the competition might be its rooms, most of which offer spacious terraces with in-comparable views of Las Vegas. Most were planned as condominiums - big and with kitchenettes. The resort has enough gambling space to fill almost two football fields, with some spots offering slot-side bottle service. It'll have just a handful of baccarat tables to start, even though the generally high-

stakes game has held its popularity through the re-cession; Unwin said the

Cosmopolitan's gambling

business will adapt to its

THE ASSOCIATED PRESS

customers

FLIGHT CENTRE Unbeatable

Airfares

St Petersburg, Florida

Toronto	one-way from \$ 129 + taxes & fees \$63
Cancun	from \$ 199 + taxes & fees \$279
Punta Cana	from \$215 + taxes & fees \$322
Orlando	from \$229 + taxes & fees \$240
Bermuda	from \$258 + taxes & fees \$144
Vancouver	one-way from \$2 79 + taxes & fees \$103
Miami	from \$289 + taxes & fees \$125
Varadero	from \$315 + taxes & fees \$219
Jamaica	from \$335 + taxes & fees \$270
New York	from \$379 + taxes & fees \$135
Las Vegas	from \$398 + taxes & fees \$134
London Christmas	from \$448 + taxes & fees \$428
Rome	from \$569

Give the world.

Your search for the perfect gift is over. Flight Centre Gift Cards available in-sto

Cruises

Western Caribbean

7-Night Cruise

CRUISE roundtrip Miami and visit Cozumel, Belize, Roatan & Grand Cayman.

Mexican Riviera

7-Night Cruise

from \$471 taxes & fees \$59 CRUISE roundtrip Los Angeles and visit Los Cabos, Puerto Vallarta & Mazatlan.

Southern Caribbean

from \$471

+ taxes & fees \$62

CRUISE roundtrip San Juan and visit St Thomas,
Tortola, Antigua, Barbados & St Lucia.

Eastern Caribb

from \$509

taxes & fees \$93

CRUISE roundtrip Fort Lauderdale and visit

San Juan, St Thomas & St Maarten.

Hawai'i 7. Nich.

CRUISE roundtrip Honolulu and visit Maui (overnight), Big Island (Kona & Hilo) & Kauai (overnight).

All-inclusive Vacations

Puerto Plata

7 Nights 4-Star

Varadero 7 Nights 4-Star

from \$665 + taxes & fees \$219

Punta Cana 7 Nights 4.5-Star from \$687 + taxes & fees \$326

Riviera Maya 7 Nights 4.5-Star from \$812

Jamaica 7 Nights 4-Star

from \$927 + taxes & fees \$274

Tokyo Cherry Blossom Festival Air + 7 Nights 4-Star

from taxes & fees \$376

INCLUDES accome in Tokyo's Ginza district.
ADD Mt Fuji & Hakone Tour with return by
Bullet Train from \$274.

Southern Thailand

Air + 9 Nights

INCLUDES all air, 2 nights accom in Bangkok and 7 nights beach accom in Koh Lanta.

Orlando

Family Special Air + 7 Nights

\$369 + taxes & fees \$121

INCLUDES complimentary transfers to select theme parks. Price is per person based on family of 4.

ADD SeaWorld, Aquatica combo ticket from \$141 per adult & \$129 per child.

Las Vegas Air + 4 Nights

INCLUDES accom in the heart of the Las Vegas Strip. BONUS coupon booklet worth \$2400 in savings included.

New Orleans

Air + 3 Nights 4 Star

INCLUDES accom near the French Quarter and New Orleans famed riverfront. ADD harbour cruise from \$26.

New York Air + 3 Nights 4 Star from \$649 + taxes & fees \$131 INCLUDES Manhattan accom. ADD double decker bus tour from \$60.

San Francisco Air + 4 Nights from \$889

INCLUDES central accom near Union Square.





866 485 7093





flightcentre.ca



Scoring the winning goal

Do you slip back into old habits post-New Year's? • Forge ahead with four simple rules for setting a goal



According to Mark Murphy, author of Hard Goals: The Secrets to Getting from Where You Are to Where You Want to Be, "85 per cent of New Year's resolutions are abandoned within 90 days of New Year's."

For 2011, Murphy shows you how to stick with your

goals by using some basic rules. He breaks them down into four subgroups: heartfelt, animated, required and difficult.

"A goal has to be heartfelt — you have to have some emotional connection to it. It has to be animated, in that we have to visualize it in our minds. Required means we need to feel some kind of urgency for it. And it has to be difficult, as we perform best when our brains are most awake," he explains.

These four categories add up to the most important goal, what Murphy describes as a "hard goal." These goals are highly achievable and keep a goalsetter motivated.

"The interesting thing is that too often people view goal-setting as a one-shot endeavor," Murphy says. "You set the goal, you forget about it and you expect it to take care of itself. How we feel when we initially start a goal; that motivation can wane."

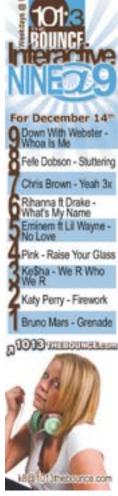
Murphy also says that setting goals effectively can create happiness, or at least a more positive point of view. "Most people who are great achievers, once they hit a goal, they're always looking for a new goal," he says.

"We found that people who tend to be the happiest are people who keep goals coming."











Bounce back into the workforce with confidence

The sad fact for most modern workers is that if you can be replaced for cheaper, you will be. But with these tips from Laurence Shatkin, author of 2011 Career Plan: The Best Moves Now for a Solid Future, you can always bounce back.

Get involved in networking organizations.

Look for networking groups that have a broader membership than those in career transition: ExecuNet, which has chapters across the country, is a group that brings executives, recruiters and business leaders together for discussion in-person and online. Leadership organi-

zations can also be great networking groups.

Use your alumni network.

The term "alumni" can apply to different groups: your college, high school, sorority/fraternity or people you worked with at a former employer. Mobilize them all.

Alumni associations can provide a wealth of contacts and resources for job hunters. Have you caught up with a college roommate lately?

Use LinkedIn or Facebook to find out how they are and where they're working. You could find a potential advocate for a target employer. If not, you've at least reconnected with an old friend.

Volunteer your expertise.

Using your knowledge in a field to help others can benefit you in your job search. Employers want to hire people who are highly regarded in their fields. Volunteering provides the opportunity to build a reputation in an industry while making contacts.

Be curious wherever you go.

As you're networking or just running errands, be aware of what's going on around you and ask questions. Curiosity usually leads to discovery. METRO



Continuing Care Assistants

We are currently seeking for Continuing Care Assistants to work in homecare and/or institutional settings. We offer casual to full time, days, evenings and night shifts. We offer competitive wages and flexible schedules. You currently possess a CCA certification or are currently enrolled as a nursing student. As a leader in the home and institutional healthcare field, we only recruit reliably, caring, professional and compassionate individuals.

We work with your schedule. Please forward us your resume ASAP: Email: hr@rifhealthcare.com | Fax: 425-8848 | www.rifhealthcare.com

Slow & steady for a quick meal

• Spare 15 minutes a few hours before you serve dinner to create this pomegranate-rosemary brisket

Sometimes, low and slow is the best way to deal with a dinner short on time.

Even if dinner takes several hours to cook, but you don't need to do anything to the food during that time, it might as well be a 20-minute meal.

That was the inspiration for this bold, rich roasted

brisket with red wine jus. You start by bashing to-

gether fresh rosemary, garlic, salt and black peppercorns. The blend is rubbed over a brisket.

The meat is surrounded by mushroom caps, a quartered onion and a quartered pomegranate. Pop it in the oven and walk away.

done, you set it onto a plate to rest, spoon the mushrooms around it, then strain the liquid in the pot. And that's about it. The pomegranate breaks down during cooking, lending a tart-sweet flavour that complements the salty flavour of the meat.



Pomegranate-Rosemary Brisket with Red Wine Jus

Preparation:

- Heat oven to 150 C (300 F). Drizzle oil over bottom of a Dutch oven.
- Using a mortar and peselte, spice grinder or small food prosessor, grind together salt, peppercorns, rosemary and garlic until they form a coarse paste.
- Rub rosemary-garlic blend over bisket, then place meat in Dutch oven. Scatter mushrooms, onion and

pomearnate around meat, then pour wine down side. Cover pot and roast for 2 to 2 1/2 hours or until meat is fork tender.

- Transfer brisket from pot to a serving platter. Use a slotted spoon to transfer mushrooms to platter. Cover with foil and set aside.
- Pour liquid in pot through a mesh strainer into a bowl. Discard solids. Return liquid to pot and set over medium-high. Simmer until thickened, about 10 minutes. Serve with

meat and mushrooms. THE ASSOCIATED PRESS

Ingredients:

- 15 ml (1 tbsp) olive oil • 15 ml (1 tbsp) kosher salt
- 7 ml (1/2 tbsp) whole pep-
- percorns
- 2 sprigs fresh rosemary,
- leaves only • 3 cloves garlic
- 1 kg (2 1/4 lbs) brisket, trimmed of fat
- 250 g (8 oz) baby portobelloe mushrooms
- 1 medium yellow onion, quartered
- 1 pomegranate, quartered • 250 ml (1 cup) red wine



12 DAYS OF HOLIDAY FINANCIAL TIPS



TIP #8: TRAVEL PREPARED

If you're traveling outside the country, get some local currency before you leave. You could save on exchange rates, and save time while you're away.

For more holiday financial tips, go to rbc.com/holidaytips

Advice you can bank on

® Registered trademarks of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. ™ Trademarks of



Give to a friend at no extra cost.

metr#

pplebees 12:30pm - 7:30pm · 278 Lacewood Drive · 902-445-4036 Join us on December 19th at Applebee's for fun activities for all ages, a visit from Santa and a chance to win a \$100 Applebee's gift card! Santa arrives at 12:30pm and leaves at 7:30pm, you don't want to miss it. Nebescanada.cem © 2010 Applebee's International, Inc.

> Feel like everyone's looking at you? They are. But don't worry. It's only because they want your Metro.



To group or to stream students

• Current evidence shows that grouping students based on their academic abilities may be detrimental

"Grouping" by ability, or "tracking" or "streaming" means that students are placed into groups defined by their ability lev-

Students may grouped by ability either for a subject (for example for mathematics or reading) or for all or almost all

their instruction.

Students' assignment to an ability group may be temporary, changing during the year, or relatively permanent.

Advocates of grouping by ability claim that it can raise achievement standards, since teachers can target their instruction and use resources more effectively.

However, research has shown that grouping by ability can have adverse effects on students' attitudes toward schooling and their self-esteem.

on ability show in-Studies grouping equitable outcomes and social consequences.

- It is very difficult to distinguish "ability" from "prior achievement."
- Use of grouping by ability is associated with worse overall student performance

More details

There are numerous online resources available regarding grouping by ability as well as research references that inform this issue

For more information go to cea-ace.ca.

- Students placed in higher ability groups may perform better but students placed in lower ability groups typically perform worse than in mixed ability groups.
- There is a tendency for lower teacher expectation and lower quality of instruction in lower ability groups.
- For students assigned to low-ability groups, there are negative effects on their self-esteem, moti-vation and attitudes toward schooling.

Research suggests that students in non-grouped settings, especially for those with lower achievement, have more healthy and positive attitudes toward school than students tend to have in grouped

Researchers advocate using mixed grouping as well as reducing ability grouping in schools, but more important is to focus much attention on improving instruction and curriculum for stuinstruction dents of all achievement levels.

COURTESY OF THE CANADIAN EDUCA-TION ASSOCIATION (CEA) AND THE ON-TARIO INSTITUTE FOR STUDIES IN EDUCATION/UNIVERSITY OF TORONTO (OISE/UT)



Wed, Dec 15 & Thurs, Dec 16

one regular priced item

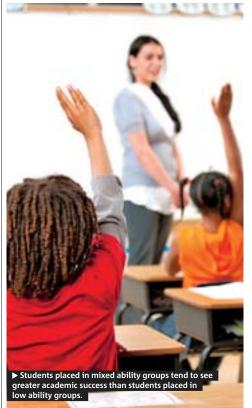
Present this coupon in-store to save

"Offer valid Describer 15th – 16th, 2010 one regular price date min -store only at any Chapters, Indigo, Coles, Smithbooks, Indigospirit, The Book Company or World's Biggest Bookstore location. Not vaid on kicks drides, online or in conjunction with any other offer or promotion excluding invarids discount; invarids discount is applied after coupon value is deducted. Offer does not apply towards the purchase of glittands, magazines, newspapers, CDs and DVDs, Samba Days experience packages, electronics and related accessories, invariant semantics of the products or donations. Printed coupon must be presented instruct at time of purchase. One compon per customer, No cash redemplom value and non-refundable. Cannot be used to adjust amount paid on previous purchases. If lost, stolen or expired, this coupon cannot be replaced. We reserve the right to change or end this offer at any time without notice.



Indigo

COLES





Herd travel to Bathurst minus key scorer Frk

The Halifax Mooseheads' go-to point producer won't be around to help them shake their worst slump of the season

tonight.
The Mooseheads, who play the Bathurst Titan at 7:30 p.m., will be without 17-year-old right-winger Martin Frk as they look to snap a funk that has seen them score just 16 times while losing eight of their past nine games.

Frk, who has a teamhigh 31 points in 34 games, is trying out for the Czech Republic's world junior team in De-

"We'll just put somebody else in the lineup and keep playing four lines," said Mooseheads head coach Bobby Smith. "We have to realize this is going to happen to different teams over the next month and get through

The Titan, for example, will be without star goaltender Olivier Roy, who is trying out for Canada's world junior team.

The Mooseheads, 10-23-0-1, played well in backto-back two-goal losses to the nationally ranked Saint John Sea Dogs and Quebec Remparts on the weekend. They'll have their

hands full again against the Titan, 22-12-0-0.

"We've been getting all four lines playing evenly of late, giving us a lot of energy in our game,' Smith said.

'We have to keep playing really good games, understanding you can play really good games against teams like Saint John and Quebec and still lose." METRO

For more coverage of the Mooseheads, follow Ametroqfiles on Twitter or visit Matthew Wuest's Q Files blog at metronews.ca/qfiles



Late-blooming rookie bounces quickly to pros

Jones making good impression as Rainmen prepare for tomorrow's tilt Shows versatility despite not playing organized basketball until age 19



Kavon Jones has taken an unconventional route to professional basketball.

While most of his peers with the Halifax Rainmen have been on the court day-in and day-out for as long as they can remember, Jones didn't even suit up for his high school team, nor did he play his first game of organized

basketball until he was 19.
"I played basketball
when I was younger just pickup games with friends — but I didn't take it seriously until 12th grade," Jones said. "Some people thought it was late but I think I'm talented, I think I have a gift, and I'm just trying to use

The six-foot-seven, 240pound forward from Brooklyn, N.Y., quietly established himself on the street-ball circuit in his late teens and became so ""He has good footwork, good ballhandling skills for his size. You can tell he doesn't have as much college experience as a lot of kids at this level, but he also has a little bit more skill and more savvy than some of those guys."" RAINMEN HEAD COACH LES BERRY, ON FORWARD KAVON JONES

dominant he caught the eyes of National Junior College Athletic Association scouts.

"He came out of nowhere," recalled Rainof men owner Andre Levingston. "Everybody was saying, 'Who is this kid?' when he came onto the scene in New York."

He didn't disappoint in two seasons at the NJCAA level, averaging points and 11 rebounds before moving on to the NAIA level at Oklahoma City University last season, earning an all-conference honourable mention with averages of 14.4 points and 8.3 rebounds.

But Jones said he "realwasn't digging the school thing,"

jumped at the chance to join the Rainmen.

nicknamed Already 'the street assassin" by his teammates, Jones made a favourable impression on the Rainmen's brass when he dropped a team-high 20 points in his pre-season debut last Friday. His ballhandling on the perimeter and footwork down low have earned rave reviews.

Although Jones is a good bet to come off the bench this season, he already has a contract and his basketball skills will translate into a paycheque for the first time in his life and that suits him just

"This is a really, really big opportunity," Jones said.

Rainmen ready

The training camp roster heading into tomorrow's Premier Basketball League pre-season game against the Saint John Mill Rats at the Metro Centre:

- Point guard
- ► Taliek Brown
- ► Tajuan Porter
- Guard
- Tommy Mitchell Mike Mercer
- Devon Norris
- Small forward Desmond Ferguson
- ► Terrance Roberson
- Forward
 - Josh Dollard
 - Eric Crookshank
 - ► Kavon Jones
- Derrick O'Neill Centre
- Cyril Awere

"I'm trying to take it all in and take basketball as far as it will take me."



Sports news

Taylor Burke

The Halifax native and Gatineau Olympiques forward will be an assistant captain with Team Atlantic at the world under-17 hockey challenge in Manitoba from Dec. 28 to Jan. 4. Burke, along with Halifax's Liam O'Brien, Fall River's Ryan Penny, and Stellarton's Brent Turnbull, will share the leadership duties under team captain Justin





Henoc Muamba The St. Francis Xavier X-Men linebacker has been ranked 10th overall by the Canadian Football League scouting bureau in its December ranking for the 2011 draft. The six-foot, 230-pound Muamba is the only player from Atlantic University Sport on the list.



Pair of NFL workouts for Canadian

The CFL's outstanding Canadian is testing the waters south of the bor-

Saskatchewan

Roughriders slotback Andy Fantuz was scheduled to participate in a workout yesterday with the Pittsburgh Steelers and has another session booked Saturday with the Minnesota Vikings.

"That's all I have scheduled so far," Fantuz said in a video posted this week on YouTube. "They are just workouts.

"Just kind of feeling it out and see how it goes and we'll take it one day at a time."

In the video, Fantuz said he was scheduled to work out yesterday with the Steelers.

Pittsburgh official said it's club policy not to comment publicly player workouts.

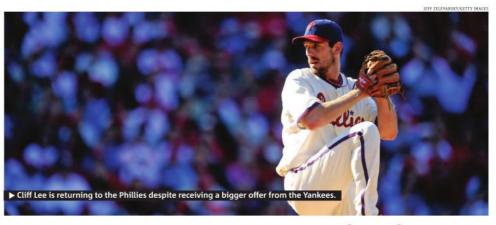
The six-foot-four, 220-

pound Fantuz examined his NFL options last year before signing a new deal with the Roughriders. However, because Fantuz is entering his option year, he has until Feb. 16 to work out for NFL clubs and potentially sign a con-

If he doesn't sign an NFL deal, Fantuz would return to Saskatchewan for the 2011 campaign.

Fantuz enjoyed a ban-ner 2010 season with Saskatchewan. The native of Chatham, Ont., was the CFL's leading receiver this past season with 87 catches for 1,380 yards and six

Fantuz became the first Canadian-born player to lead the CFL in receiving since Dave Sapunjis accomplished the feat with Calgary in 1995. Fantuz was named the league's top Canadian this season. THE CANADIAN PRESS



Lee back to Phillies

New York Yankees offered \$30M more, but ace preferred Philadelphia

At some point, it seems, Cliff Lee figured it wasn't about the money anymore.

Baseball's hottest free agent could have had \$150 million US and a spot on the biggest stage in the game with its most successful team — the New York Yankees, winners of 27 World Series. Instead, the star pitcher

got up from the table and left \$30 million behind.

He picked the Philadelphia Phillies, winners of just two titles in more than a century - and a team that brusquely traded him after he led them into the

World Series in 2009. The Phillies will give him \$120 million guaranteed over the next five seasons, according to several people in baseball familiar with the deal.

Why does a guy leave all

that money behind?

Apparently, because he had all he needed - something that agents and others in the financial end of baseball say happens more than you might expect. Lee and his family liked Philadelphia. Plus, his wife had complained that New York fans were rude and spat at the Rangers' wives American during the League championship series this fall when Lee was pitching for Texas, his other big suitor this off-season.

Lee's move was the buzz of baseball yesterday. He is expected to take a physical and seal the deal today. "That's the most I've

ever seen a player walk away from," former Mets general manager Omar Mi-naya said. "It's unprece-dented."

THE ASSOCIATED PRESS

Sports in brief

Overbay joins the Pirates

MLB. Free-agent first baseman Lyle Overbay reached a one-year deal with the Pittsburgh Pirates yesterday, returning to the NL after five seasons with Toronto.

Overbay, 34, hit 20 home runs and 37 doubles last year with the Blue Jays. He batted .243 with 67 RBIs.

THE ASSOCIATED PRESS

Backup plan in Minnesota

NEL The Minnesota Vikings said vesterday they're getting ready to use Minnesota's TCF Bank Stadium as a backup if the torn Metrodome roof can't be repaired before Monday night's game with Chica-

go. Workers began the daunting task of removing snow from the outdoor stadium, which was covered after a weekend snowstorm.

THE ASSOCIATED PRESS



Votto given top Canadian athlete honour

Cincinnati Reds first baseman Joey Votto has won the 2010 Lou Marsh Award.

The honour - decided by a panel of sports editors, reporters and broad-casters — is given annually to Canada's outstanding athlete by the Toronto Star.

Votto became just the third Canadian to win one

of baseball's most valuable player awards.

The 27-year-old native of Toronto was a near unanimous choice for the National League award. He hit .324 with 37 home 113 RBIs and 16 stolen bases last season.

Sidney Crosby won the Lou Marsh Award last year. THE CANADIAN PRESS

You' this

THE BEST THING TO HAPPEN TO BLACKBERRY SINCE BBM.

FREE from the Blackberry App World.



metr@

• Could Lincoln's new MKZ Hybrid sedan be the most efficient luxury car in North America?



A premium hybrid that's worth the hybrid premium



Could the Lincoln MKZ be the poster child for delivering hybrid technology at a down-to-earth price?

Ford's premium Lincoln division touts the new MKZ Hybrid sedan as the most efficient luxury car in North America and brags up its hyper-extended fuel economy. And with a \$43,750 price tag, this MKZ also happens to be one of the better buys out there.

The hybrid version of the MKZ is new to the lineup for the 2011 model year, but its drive system was first installed in the Ford Fusion and Mercury Milan (upon which the MKZ is based) for the 2010 model year. At about 1,635 kilograms — about 225 kilograms lighter than Lincoln's larger MKS sedan — the MKZ is an ideal platform to apply the hybrid magic wand.

Öf course, the MKZ has to look the part of an upscale contender, and it really does. It might be based on the humble Ford Fusion, but Lincoln's designers have done a solid job sculpting a distinctive front end. A delicately creased hood and jewel-like wraparound headlights frame the brand's signature "wa-

terfall" grille. The taillights and trunk lid have also been dressed up with the Lincoln touch.

The icing on the cake is a cool set of nine-spoke 17inch alloy wheels that have been fitted with special low-rolling-resistance tires.

You might expect that Lincoln would scrimp a bit on the Hybrid's interior content to maintain price parity with its V6 gas-powered stablemate.

Not at all, actually. This MKZ offers up standard genuine walnut or ash wood trim plus leather-covered seats that are poweradjustable (with memory settings) and heated and

cooled in front.

There are also standard backup sensors as well as Ford's Microsoft-powered, voice-activated Sync system that controls a number of communication, entertainment and climate-control functions.

Other unique standard features include a capless fuel filler that makes topping up a one-handed affair, while a keyless entry pad is handy if you're heading to the beach or out for a jog and don't want to bring a set of keys along.

Optional is a power sunroof, voice-activated navigation system, keyless remote start, rear-view camera, blind-spot warning alert and a premium THX-brand audio package.

The Hybrid powertrain consists of a 156-horsepower 2.5-litre four-cylinder engine assisted by a 40-horsepower electric motor.

tor.
The net power output is 191 horses directed to the front wheels via a continuously variable transmission (CVT).

If the MKZ Hybrid catches on — and it's tough to see how it won't — you can expect other automakers to try and match this Lincoln's impressive fuel economy, features and price point.



By comparison

Lexus HS 250hBase price: \$41,850
Prius-based model
adds more power,
but is not nearly as
fuel-efficient.



Chevrolet Volt Base price: \$47,000 (est.) Electric motor com-







HURRY, IT'S 2011 TODAY, BUT IT WON'T BE FOR LONG, VISIT YOUR ATLANTIC FORD STORE TODAY.

Drive one. atlanticford.ca

in the United from the details can be educted to the education from the 18 (1905-55-50). Votallies the interest congruent details can be educated to the education from the education fr

Last-gen 4Runner a solid bet

SECOND GFAR



Built for real-world off-road capability and all-season motoring confidence, the Toyota 4Runner has enjoyed generations of success with a loyal following of owners.

The last generation 4Runner was available in the Canadian marketplace from 2003 to 2009 and benefitted from V6 or V8 power, plenty of luxurious options and heaps of after-

The 4-1-1

- 2003 to 2009 Toyota 4Runner
- Vehicle type:
- Approximate used price \$11,000 to \$32,000

market support for the customization enthusiast. Look for up to 260 horsepower with the V8 engine and an automatic transmission on every model.

As a real SUV (not a crossover or jacked-up station wagon), the 4Runner was engineered and built for off-roading, climbing steep, muddy hills and yanking boats out of the lake. If you don't need the full-out capability of a machine with a transfer-case 4x4 system and heavy-duty truck-frame construction, more fuel-efficient options are available.

Ultimately, the 4Runner is most appropriate for those seeking off-road adventure, planning to hit the trails, or looking to build a gnarly off-road rig. Look for feature content including a sunroof, driver computer, heated leather, premium audio and much more.

What Owners Like

Last-generation 4Runner owners rate cargo capacity, driving confidence and rugged styling most highly.



A comfortable and quiet ride is also frequently reported.

What Owners Hate

Most owners love their 4Runners, and the majority complain almost exclusively about hefty gas consumption.

Common Issues

Shoppers are advised to

ensure the 4Runner's previous owner tackled any and all off-road driving careful-Taking a machine like the 4Runner into some dirt and mud won't hurt it but doing it carelessly might.

underneath and check for heavy denting or scrapes in the floor and frame rails.

These may be formed by contact with rocks or logs during careless navigation of rough trails, and could be a sign of abuse. They could also result in exces-

Other signs of heavy off road use may include excessive mud or sand packed into the vehicle's lower radiator area or underside. Finally, inspect the exterior paint for heavy scratching.

The Verdict If the used 4Runner you're considering checks out, you're likely looking at a reliable, capable sidekick that'll serve your family for vears to come.



Driven XC70's, XC60's and C30's. Save thousands and get into one of the hottest brands on the market.

2011 XC60 AWD Tech Pkg 10,000kms. \$3000 in savings 2011 XC70 AWD 7000ims. \$3000 in savings

OPPORTUNITIES LIKE THIS DON'T COME OFTEN... AND YOU'VE EARNED IT.

Your Volvo team: Trudy Stevenson, Claude Stymest, Matthew Gove, Jeff Hadley and Alian Dwyns Soles Munuper.

VOLVO OF HALIFAX 3363 Kempt Rd, Halifax • (902) 453-2110 • www.volvoofhalifax.net





VISIT YOUR NEIGHBOURHOOD CHRYSLER, JEEP $_{\circ}$, DODGE, RAM RETAILER.

Dodge.ca/Offers

MAKING A CAR WITH SUNSHINE



here's more to a vehicle than metal. And chances are if it's not metal, it's something created from petroleum—like plastic trim and polyester fibre.

But times are a changing.

Consider this quote on Ford's website, attributed to Cynthia Flanigan, a technical expert with Ford Plastics Research: "Whenever petroleum-based materials exist—in plastic, rubber, foam, film or fabric—we are looking to minimize its proportion and replace it with a sustainable material."

A "sustainable material" would either be a plant-based material and/or a recycled material.

Ford has been using soybased foam for car seats for a few years now (starting on the 2007 Mustang). It recently expanded its soyfoam portfolio to the industry's first soy-foam headliner on the 2010 Es-

And among Ford's recycled materials initiatives are seat fabrics made with varying degrees of post-industrial yarns, suede-like material created from plastic pop bottles (Taurus SHO and Lincoln MKZ), and sound deadening and carpet backing fashioned in part from old blue jeans (2012 Focus).

While recycling efforts are useful and necessary, the cooler science projects are happening with non-traditional materials, such as plants.

Consider the recently announced BamBoo, which

Rinspeed, a Swiss auto design firm, will unveil at this spring's Geneva auto show. It's called BamBoo because many interior components are made from bamboo fibre.

Rinspeed's press release says the open-top electricpowered concept car "awakens the longing for sun and summer; for lightness and easiness; and the desire to be at the beach."

And it gets better: "It is a reminiscence of the 70s, of the south of France and St. Tropez. And one would expect to find Brigitte Bardot behind the wheel with playboy Gunther Sachs at her side heading toward Tahiti beach."

Rinspeed figures that retro and greeness go good together, like wine and cheese, claiming that its old-new design creations are about channeling "the yearning to get back to the roots, paired with the absolute desire to be in harmony with creation."

May be a highfalutin way of expressing the sentiment, but probably not a totally off-base one for a lot of people.

Try a rotisserie for your automobile

TOP GEAR

WHEELBASE MEDIA
DRIVE@METRONEWS.CA

BOLTS LOST THEIR EDGE?

Just one bolt that can't be removed because the head has been rounded off is enough to ruin your day.

After all, it couldn't be removed when the head wasn't rounded off, or it wouldn't be rounded off. A solution is at hand from Better Tools and Fasteners, manufacturers of the Grip-Tite Super Sockets. The tool set can perform miracles on your rusted or damaged bolts by actually removing them.

Prices begin at about \$25 US for the sevenpiece set.

For more information about the Grip-Tite line, visit mygriptite.com.

TRY A FOLDING TRAILER

Utility trailers are a big help transporting your classic, racing, or off-road vehicle to the next big event.

However, not everyone has a place to put the trailer when it's not in use. Kendon Industries has the solution with its FCT3000 Folding Car Trailer. This particular 1,400-kilogram-capacity model folds up into a five-by-eight-foot area, allowing it to be easily stored in most garages.



Get yours for \$4,195 US through the Kendon Industries at kendonusa.com.



JUST ROLL WITH IT

For serious do-it-yourself restoration, placing your car's basic structure on a "rotisserie" allows you to easily attack cleanup and body repairs from virtually every angle.

One of the most effective versions the Top Gear crew has seen is the Roller Hoop from DSK Auto Products. The hoops can be easily rotated through 360 degrees and moved about the shop floor on their own optional detachable wheels.

Prices begin at about \$1,400 US and can be ordered through www.rollerhoop.com.

THE BEST
THING TO

HAPPEN







\$8,995

2006 Chev Equinox LS AV

#09D108

Loaded with Options,

Loaded with Options,
Alloy Wheels, 62km
WAS NOW
\$14,995 \$1 2,995

02.865.6059 400 Sackville Dr, Lower Sackvill

TO THE IPHONE SINCE OUR LAST APP!



Crossword

Across

1 Part of a Halloween costume 4 You say it to the doctor

7 Femur or fibula 8 Related to birds

10 Soft chapeau 11 "Dueling" instru-

ments

13 Burroughs duo 16 Distorted

17 Witticisms

18 Fish eggs

19 Inlet

20 Out of control 21 Investigate

23 Brittle

25 Three- — sloth

26 Objective 27 Mimic

28 Chef's garb

30 "Wham!" 33 Stevenson duo

36 Closed up tight

37 Broadcast 38 Small amounts

39 Caustic solutions

40 Sandra or Ruby

41 Remiss

1 Fret 2 Noted 1966 hurri-

cane

3 1958 No. 1 hit for the Silhouettes

4 — -garde 5 Harts' mates

6 Muslims' pilgrim-

age

9 Venus de Milo's

7 Tolerate 8 Lower in rank 10 Texter's "incidentally" 12 Pry

14 Actress Campbell 15 Hair-raising shriek

feature

19 Massachusetts cape 20 Have a bug

21 Vatican VIPs 22 Stunk 23 Maine — (breed

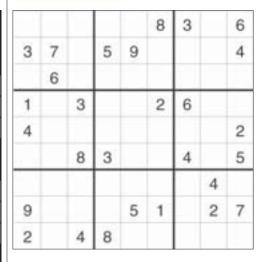
of cat) 24 TV's Felix Unger

25 — Mahal

26 Alumni

28 Sitcom oldie,

Sudoku



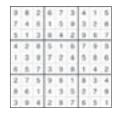
How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

1-2

Variable



Thursday

Floreign

Send a

Show some love! Send a note to somebody special at kiss@metronews.ca

Cristina, i feel so lucky to be with you. I am excited for all the great memories we are going to make during these holidays.

LOVE . YOUR MAN. ARTHUR

Ashley & Amy, You are two amazing young ladies and I am blessed to have you as my sisters. Enjoy your 12 days of Christmas;) LOVE, OMA

Happy 3 yr Anniversary Mi Amor. You are a friend for always and life. You had me at one dance. Knowing you was all my pleasure. I just want you to know that you are my teasure. Stay sweet and caring always. I will always and forever love you. L.F.A.A.

Sending all my love on this wintery morning. Growing old and wrinkly together is going to be quite the adventure and I feel so lucky to be doing it with you. BORK!

load Weatherfys

to your smartphone

STTNe Wisulter Nothers 2010

Today's horoscope

T Aries March 21-April 20

Reach out to employers today. If they make promises, get them to put them in writing. What they agree to today may not be what they want to do tomorrow

¥ Taurus April 21-May 21 The more you expect of other people today, the more disappointed you are likely to be. Saying something and doing it are two entirely different things, so don't count your chickens just yet.

II Gemini May 22-June 21 The planets warn if you act too fast today you are likely to do more harm than good. No matter how bad things may seem, there is still time to think before you take action.

"Kate &

32 Marry

34 Three feet

man

29 Academy fresh

30 Heat-resistant

31 Tributes in verse

35 Informal greeting

you suspect that someone is today, don't make a big fuss she will let you know what's aoina on.

Ω Leo July 23-Aug.23 You may be thinking about a career change but the planets urge you to sleep on the idea. Chances are you are not thinkwill bring new opportunities, so don't change yet.

TV Virgo Aug. 24- Sept. 22 This is not really the best time to be looking a long way ahead. In fact, you should be looking at what is in front of you right now. The next step you take is the one that matters

G Cancer June 22-July 22 If

not being completely truthful about it. Sooner or later, he or

ing straight. The next few days

← Libra Sept. 23-Oct. 23 Put

27

your worries out of your head and start believing that your dream will come true. Success is as much about imagination as it is about hard work.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

M Scorpio oct. 24-Nov. 22 You can be judgmental at times, but today you must make a conscious effort not to be critical. You don't have to like what a friend or relative is doing but you have to accept that it's the right move for him or her.

Nov. 23-Dec. 21 As a Fire sign, you are no stranger to taking risks. Over the next two or three days, you will be tempted to do things that most people would never attempt. But that's why you are special.

り Capricorn Dec. 22-Jan. 20

Make sure that any claims you make are backed by facts. Sometimes it can be fun to make things up, but you will lose others' trust and respect if you try it today.

Aquarius Jan. 21-Feb. 18

You have an envious ability to see further and deeper than most people. But are you making good use of it? Shouldn't you be helping others see the truth, too?

H Pisces Feb. 19-March 20 You have suspicions that someone is telling you lies; but how do you prove it? Maybe it's not worth the effort. Thank them for their advice - and do what you were going to do anyway. SALLY BROMPTON



You WIN! write it! Write a funny cap

tion for the image to the right and send it to plav@metronews.ca the winning caption will be published in tomorrow's



Feel like everyone's looking at you? They are. But don't worry. It's only because they want your Metro.







Puerto Plata 7 Nights 4-Star All-inclusive

I 866 967 5402 | flightcentre.ca

More used cars. Better selection.



2011 Toyota Camry LE

Well optioned & hacked by GM optimum certification. 4 cylinder - Automatic Power options. (1376A)



\$22,888 \$139

All prices are plus tax and fees. Feynments based on IM month amortization, DAC

* Not Exactly as almost

2010 Nissan X Terra 4x4

Rugged & ready to go! 4.0L - Power Options 4wd - Roof Reck - 27,000kms



\$27,299 \$224

2009 Jaguar XF Sedan

Performance & Prectige Lauther Interior Fully appointed - Power seats 50,000kms (107594)



\$41,888 \$339 WHIN 50 DOWN

2008 BMW 750 IL

Levish Locary. Top end sedan. Leether Harels tree - Heated & power seats



\$59,888 \$495

There's More to MacPhee

636 Portland St., Dartmouth, NS macpheechev.com | 434-4100

